

Links and Useful Contacts

www.fco.gov.uk/travel

Official government site for useful travel and health information and current world areas of risk

www.who.int/en/

WHO online guide to travellers' health and highlights current risk areas

www.airsafe.com

Information on airline safety by airline and aircraft model. Also safety advice for different airports and tips for passengers. Links to other travel and travel safety sites.

www.diabetes.org.uk

Information for diabetics, including how to organise yourself for travel, insulin regimes, transporting insulin etc.

www.holidaycare.org.uk

Information for staying safe on holiday.

www.thebmc.co.uk

Site of the British Mountaineering Council for information on health problems at high altitudes.

www.traveldoctor.co.uk

An interactive travel site

www.nhs.uk/conditions/travel-vaccinations/

NHS Travel Vaccination information

www.fitfortravel.nhs.uk

Information about how to stay safe and healthy abroad.



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Please check and follow Government advice about travelling abroad, including the latest information on **coronavirus**, safety and security, entry requirements and travel warnings.
www.gov.uk/foreign-travel-advice



Travel Advice

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If you are planning on travelling you may need some vaccinations or medication.

Travelling is one of life's great pleasures, but it's important to remember that there is no such thing as risk free travel. Patients travelling abroad should take some time to consider any potential risks in the areas being visited.

How to plan your travel vaccinations:

Please read NHS travel advice on www.nhs.uk/conditions/travel-vaccinations/

You can also check the recommended vaccinations for your destination on travel vaccination websites, for example National Travel Health Network & Centre <https://travelhealthpro.org.uk/>

Chew Medical Practice do not provide a full travel clinic service. However, we do provide the agreed NHS (free) vaccinations, listed below:

Hep A & Hep B for Children Combined
Hep A
Hep A & Typhoid Combined
Polio, Diphtheria & Tetanus
Hep A&B Combined
Typhoid injection or oral
Cholera—This would need to be ordered

For these free vaccines, please complete a 'Travel Risk Assessment form' and check your vaccine history using the NHS App or via Patient online services, then make an appointment to see a Practice Nurse.

Please remember to leave enough time before travelling (minimum of 8 weeks) as some vaccines might need more than one dose and can take time to complete the course.

If you need further advice or non NHS vaccines you will need to book an appointment with one of the private travel clinics for a consultation to complete a full risk assessment and private vaccines.

Examples of non-NHS vaccines (not given at Practice):

Hep B
Rabies
Japanese Encephalitis
Tuberculosis – TB (BCG)
Tick Borne Encephalitis
Yellow Fever
Meningitis
Malaria

There are a number of travel clinics in both Bristol and Bath such as:

Nomadtravel.co.uk

38, Park Street,
Bristol,
BS1 5JQ
Appointments available to book online or
tel: 01341 555 061

Masta-travel-health.com

43, Queens Road,
Clifton,
Bristol,
BS8 1QQ
Appointments are available to book online or
tel: 0330 100 4131

Bath Travel Clinic

Pulteney Street Practice
35 Great Pulteney Street
Bath
BA2 4BY
tel: 0330 100 4115

Superdrug

30 - 32 Westgate Street
Bath
BA1 1EL
tel: 03 000 111 007

Superdrug

39-43 Broadmead
Bristol
BS1 3EU

Bristol Travel Clinic

Bristoltravelclinic.co.uk