

### The GP patient survey for 2025 has been published

The GP survey is an independent patient survey run on behalf of NHS England, this survey is sent out to over two million people registered with GP practices in England.

At Chew Medical Practice we aim to provide exemplary, professional healthcare that inspires confidence in our patients and our community. The Chew Medical Practice team aspire to be approachable, respectful, and patient-centred, aiming to provide the best possible outcomes for patients. We are delighted and proud to report that our results, reflect our aims and are above the national area averages.

You can find full information form: <a href="https://www.gp-patient.co.uk/">https://www.gp-patient.co.uk/</a>



# Did You Know? You can leave us a Google



## Chew Medical Practice

4.7 \*\*\*\* 69 Google reviews ① :

Doctor in Chew Stoke, England

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# **Summer Has Arrived**

## Ways to Increase Hydration

#### Drink Water Regularly:

- Don't wait until you're thirsty to drink.
- By the time you feel thirsty, you're already slightly dehydrated.



- Sip water steadily throughout the day, drink more when the weather is hot.
- Consider using a reusable water bottle to remind you to drink and to track your intake.
- Set a timer or use a water reminder app to help you stay on schedule.
- Aim for at least 8 cups (2Lts) of water per day, and even more if you're exercising.

#### **Hydrating Foods**

• Watermelon, cantaloupe, strawberries, cucumbers, lettuce, celery, tomatoes, and bell peppers are all great options for increasing your fluid intake.

#### Infuse your water:

- Add slices of lemon, lime, cucumber, or
- berries to your water for flavour and extra nutrients



- Listen to your body and pay attention to signs of dehydration, such as fatigue, dizziness, dry mouth, and infrequent urination.
- If you're engaging in strenuous activity, take breaks to rehydrate and replenish fluids. Be mindful of your urine colour; light yellow is a good sign of hydration, while darker colours may indicate dehydration.

# Please like, follow & share Our Facebook Page

If you have a had a good experience when visiting or telephoning our practice, you can share this with us.

To leave a review, perhaps as part of a follow-up

communication after an appointment

Or search Chew Medical Practice Website

and click Google Reviews as shown to the left.

review.

Either copy this link:

https://g.co/kgs/ZogwgcP

This page is for our community To keep you informed and up to date with all health and wellbeing events happening in the area and at the surgery



Follow Us On

Facebook
Chew Medical Practice

 Opening Times

 Monday
 8:00-18:00

 Tuesday
 8:00-18:00

 Wednesday
 8:00-19:30

 Thursday
 8:00-18:00

 Friday
 8:00-18:00

 Saturday
 9:00

The main surgery line 01275 332420 is open and answered. Mon-Fri 08:00-18:00 Out of Hours Ring 111

### Heidi Health Al Scribe

#### The Medical Team at Chew Medical Practice are currently trialling Heidi Health, an Al-powered medical scribe.

This secure, NHS-compliant tool assists in documenting consultations so our clinicians can spend more time listening to you and focusing on your care. Notes are reviewed and approved by your clinician before being added to your medical record. If you prefer not to have Heidi Health used in your consultation, simply let your clinician know. This will not affect the quality of care you receive.

#### What is Heidi Health?

Heidi Health is an advanced digital assistant that securely supports clinicians by capturing and documenting medical notes in real-time using artificial intelligence. It helps ensure that records are clear, precise and efficiently created, allowing clinicians to stay present during your consultation and focus entirely on your needs.

#### Patient Consent and Data Security

Your privacy and comfort are very important to us. Heidi Health only processes the information discussed during your consultation and operates under strict UK data protection laws, including GDPR.

Data Security: All data is securely stored within the UK, never permanently saved, and is automatically deleted after processing.

#### **New Team Members**

#### We are pleased to welcome Dr Josh Purves,

Dr Purves graduated from the University of Sheffield in 2019 and completed his foundation training in Leeds 2021. Dr Purves spent 3 years working in emergency departments across different areas of Australia and in the Manchester area. He is now completing his GP training in the Bristol area, and he will be working with us until August 2025.

## The **NHS** rolls out more personalised cervical screening

More accurate human papillomavirus (HPV) testing will enable millions of women and people with a cervix to benefit from more personalised cervical screening



### **Changes to NHS Childhood Vaccination Schedule**

On 1st July 2025, the NHS childhood vaccination schedule will undergo several important changes, which parents and guardians of children aged 0 to 5 need to be aware of.

For babies born from 1st July 2025 onward: The current 12-month Hib/MenC vaccine will be replaced with a Hib-containing vaccine at 18 months. The second dose of the MMR vaccine will now be given earlier. For babies born before 1st July 2025: These children will continue the current vaccination schedule, as they will have already received vaccines for these diseases. MenB Vaccine: The MenB vaccine will now be administered at 12 weeks, instead of 16 weeks.

PCV will be given at 16 weeks to reduce the number of vaccines children receive in one visit. These changes are designed to offer children the best possible protection at the most critical times, ensuring they are shielded from serious diseases when they are most vulnerable.

For further information and guidance, Visit the NHS website: NHS Vaccinations and When to Have Them.





# WALKING FOR HEALTH GROUP

with friendsof Chew Medical Practice, Patient Participation Group





Meeting Point Salt & Malt Carpark Chew Valley Lake Thursday evenings at 6.30pm





### Walking for Health Group

We had a fabulous first walk for our new Walking for Health Group last month, organised by our PPG.

We welcome all abilities, weather you're a seasoned walker or just starting out

The walking group meet <u>every</u> Thursday at Chew Valley Lake, 6.30pm in the Salt and Malt Carpark.

If you would like any further information, please email <u>BSWICB.chewppgDnhs.net</u>

We would love to see you!

## ROAD CLOSURE Chew Magna High St

BaNES Council are undertaking footway improvement works on the High Street in Chew Magna from Monday 28th July to Friday 29th August 2025

The High Street with be closed to all vehicles for the duration of this scheme.

This may have an impact on your journey, and you may need to find an alternative route and allow extra time to attend your appointment



Bath and North East Somerset, Swindon and Wiltshire Integrated Care Board

> RSV VACCINE

> > Will you be 76-80 years old on 31 August 2025?

Contact your GP surgery to book your free RSV vaccination Protect yourself from RSV, an infection that can lead to illnesses like pneumonia

www.nhs.uk/rsv-vaccine

